

ESIC Medical College & PGIMSR, K. K. Nagar, Chennai-78

CBME- Foundation Course- Batch 2021-22

FC Coordinator: Dr. Swapnatai. A. Meshram, Orientation Module (OM) In-charge: Dr. Sathish Selvakumar; Community Field Visit (FV) In-charge: Dr. Kuberan Skill module (SM) In-charge: Dr. Radhika.K Professional development & Ethic (PE) In-charge: Dr. Vijayaprasad Gopichand, Language module (LM) In-charge: Dr. Madhubala, Family adoption module: Dr. Vijayaprasad, , Sports & Extracurricular activity (SEC) Incharge: Dr. Mallikarjun Adabatti

Date & Day	Topic, Time, Faculty(9AM to 1PM)	1PM to 2PM	Topic, Time, Faculty (2PM to 5PM)
14.02.2022 Monday	9am to 10am (OM) - GMER 2019 & The MBBS programme- Dr. Seethalakshmi 10am to 11am (OM)- Health care system and its delivery - Dr. Kuberan 11am to 12noon(OM)- National health priorities and policies – Dr. Devidas Tondare 12noon to 1pm (OM)- Guidance by the seniors –Dr. Hanumantha		2pm to 3pm - Principles of primary care (general and community based care) (OM) – Dr. Anuradha 3pm to 5pm (PE)- Interpersonal Communication – Dr. Sathish Selvakumar
15.02.2022 Tuesday	9am to 11am (SM)- Universal precautions- Dr. Dr. Manisha Mane 11am to 12noon (OM)- Physician role & Expectation from Physician of peer and society – Dr. Maya Menon 12am to 1pm (OM)- History of Outbreaks, Epidemics & Pandemics - session 1 – Dr. Kuberan		2pm to 4pm (PE)- Group Dynamics & Team building games- Dr. Seethalakshmi 4pm to 5pm (OM)- Biohazard safety- Interactive session- Dr. Anandhi lakshmanan
16.02.2022 Wednesday	9am to 10am (OM) - Gender sensitivity in medical profession – Dr. S. Seethalakshmi		2pm to 3pm (OM) - Evidence based medicine – Dr. Salve

	<p>10am to 11am (OM)- Alternate health systems in the country and history of medicine – Dr. Vinay M</p> <p>11am to 1pm (OM)- Introduction to Anti-ragging guidelines and anti-ragging committee – Dr. Meenakshisundaram</p>	<p>3pm to 4pm (PE)- Communication skill game- style of communication- Dr. Vijayaprasad. G</p>
17.02.2022 Thursday	<p>9am to 10am (OM)- Being medical student- keen observation is a key to success – Dr. Vijay Salve</p> <p>10am to 11am (OM)- Principles of family practice – Dr. Tondare</p> <p>11:00am- 12:00noon- (OM) Career Pathways- Dr. Vijaykumar A E</p> <p>12noon to 1pm (OM)- History of Outbreaks, Epidemics & Pandemics session 2 – Dr. Anuradha</p>	<p>2pm to 3pm-(OM) Patient safety and Concept of biosafety, Hazards of biological waste and its disposal- Dr. Manisha. Mane</p> <p>3pm to 5pm- (PE) Communication skills- verbal versus non -verbal communication – Dr. A. Sathish Selvakumar</p>
18.02.2022 Friday	<p>9am to 10am (PE)- How to behave with your superiors – Dr.Madhubala</p> <p>10am to 12noon(PE)- Maturity – roleplay – Dr. Suma Elangovan</p> <p>12noon to 1pm (PE)- Working in a healthcare system- Dr. Sugapriya</p>	<p>2pm to 3pm (SM)- Learning strategies – Dr. Vinay. M</p> <p>3pm to 5pm (PE)- Time Management- games – Dr. Azhigiri</p>
21.02.2022 Monday	<p>9am to 10am (PE)- Disability competencies- Dr. Rajarajan</p> <p>10am to 11am(PE)- ESIC Benefits and Beneficiary – Dr. Kala</p> <p>11am to 12noon (PE)- Cultural competencies – Dr. T. Rajeshwari</p> <p>12:00-1pm(PE)- Medical ethics, attitudes and professionalism- Dr. Ilango Ganesan</p>	<p>2pm to 3pm (PE)- Academic ambience- Dr. Swapnatai. A. Meshram</p> <p>3pm to 5pm (PE) - Stress management- Dr. Snekalatha</p>
22.02.2022 Tuesday	<p>9am to 10am (PE)- Professional behaviour – Dr. Rajathilagam</p> <p>10am to 11am (SM)- Yoga and its benefits – Mrs. Preetha</p> <p>11am to 12noon (SM)- ICMR STS Projects – Dr. Saraswathy</p> <p>12noon to 1pm(SM)- Pharmacovigilance - Dr. Vijaykumar A E</p>	<p>2pm to 3pm (SM)- Community based learning - Dr. Vanithamani</p> <p>3pm to 4pm(SM) - Nutrition- Role in hospital and what should you eat – Dr. Anuradha</p>

			4pm to 5pm (SM)- Information & technology; Medical Literature search – Mrs. Aruna Patil
23.02.2022 Wednesday	9am to 1pm (FV)- Visit to Primary Health Centre --Kollumedu observation- Principles of health centre system and their delivery at PHC levels , health care workers and their role – Department of Community Medicine		2pm to 3pm (SM) - Peer assisted learning – Dr. S. Mohanvalli 3pm to 4pm(PE)- Students discipline and etiquettes in clinical posting- Dr. Swapnatai. A. Meshram 4pm to 5pm (SM)- Doctor as researcher – Dr. Chaitanya Babjee
24.02.2022 Thursday			4pm to 5pm (PE)- Professionalism - relationship- case studies- Dr. Vijayprasad. G
25.02.2022 Friday			4pm to 5pm-(PE) Realities of medical practice – Dr. Hanumantha
26.02.2022 Saturday			2pm to 5pm (SEC)- Sports & Extracurricular activity- Dr. Mallikarjun
28.02.2022 Monday	9am to 1pm (FV)- Visit to District hospital – Thiruvallur Exposure to Secondary health care facilities and functionality, Introduction to and interaction with patients		4pm to 5pm (PE)- Medicine and law- interaction with advocate- Dr. Beemsetty Rajesh