



ESI-PGIMSIR & ESIC MEDICAL COLLEGE

ESIC Hospital & ODC (EZ)

Diamond Harbour Road, P.O. Joka, Kolkata – 700104

FOUNDATION COURSE/ ORIENTATION WEEK

WK 1	9-10 AM	10-11AM	11- 1PM	1-2 PM	2-4PM
MON 14.2.22	Welcome by Dean, Superintendent, HODs & Faculties of ESI-PGIMSIR ESIC MCH to Students- Charak shapath			L U N C H B R E A K	FC 1.5 Orientation to Dept of Ana/Phy/Bio Phase 1
TUE 15.2.22	FC1.2 Role of IMG GMR-2019 FC 1.7 MBBS curriculum Physiology		FC 4.2 White Coat Ceremony		FC 1.5 Visit to other departments Phase 1
WED 16.2.22	FC1.1 Role of Doctors in society MEDICINE				FC 1.5 Visit to Hospital Phase 1
THU 17.2.22	FC1.10 History of medicine, outbreaks, epidemics and pandemics. Physiology	FC1.8 Health Care System in India Community Medicine	FC 1.4 Rules and regulations of the institution Registrar Academic and MS		FC1.3 Expectations of the students from nation, society Biochemistry
FRI 18.2.22	FC 1.9 Family practice & holistic care Community Medicine		FC 1.6 Career Pathways Biochemistry		FC1.10 Alternate system of Medicine Physiology
SAT 19.2.22	8-10am FC 6B YOGA	FC 2.3 Follow bio-safety and universal precautions - Microbiology	FC 2.3 Follow bio-safety and universal precautions - Microbiology		FC 6A Sports



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Foundation Course

	8-9 AM Wednesday 23.2.22	10AM - 1PM Friday 25.2.22	11- 1PM Saturday 26.2.22
WK 2	FC 2.8Vaccine-preventable diseases and recommendations for health care personnel - CM	FC 2.2 First Aid (Group-A) Skills Lab FC 2.2 First Aid (Group-B) Anaesthesia	FC 2.2 First Aid FC 2.2 First Aid Anaesthesia
	8-9 AM Wednesday 02.3.22	10AM - 1PM Friday 04.3.22	11- 1PM Saturday 05.3.22
WK 3	FC 2.8Vaccine-preventable diseases and recommendations for health care personnel - CM	FC 2.3 Follow bio-safety and universal precautions FC 2.4 , FC 2.5, FC 2.6 Microbiology	FC 2.3 - 2.6 Microbiology
	8-9 AM Wednesday 09.3.22	10AM - 1PM Friday 11.3.22	11- 1PM Saturday 12.3.22
WK 4	FC2.7 Bio waste Management Microbiology	FC 2.8Vaccine-preventable diseases and recommendations for health care personnel - CM FC. 3.1, FC.3.2 Community Medicine	FC. 2.9 Proper Documentation in Patient care Forensic Medicine
	8-9 AM Wednesday 16.3.22	10AM - 1PM Friday 18.3.22	11- 1PM Saturday 19.3.22
WK 5	FC2.7 Bio waste Management Microbiology	HOLIDAY	FC. 2.9 Proper Documentation in Patient care Forensic Medicine
	8-9 AM Wednesday 23.3.22	10AM - 1PM Friday 25.3.22	11- 1PM Saturday 26.3.22
WK 6	FC 5.3 Demonstrate ability to communicate and learn in English Dr. Monika Pal	FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care Community Medicine	FC. 2.9 Proper Documentation in Patient care Forensic Medicine
	8-9 AM Wednesday 30.3.22	10AM - 1PM Friday 01.4.22	11- 1PM Saturday 02.4.22
WK 7	FC. 2.9 Proper Documentation in Patient care Forensic Medicine	FC 3.4 Discuss the basic principles of community health and its impact on health and disease FC 3.5, FC 3.6 interactions with patients and families and communities Community Medicine	FC 6A Sports
	8-9 AM Wednesday 06.4.22	10AM - 1PM Friday 08.4.22	11- 1PM Saturday 9.4.22
WK 8	FC 5.3 Demonstrate ability to communicate and learn in English Dr. Monika Pal	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behaviour - Dr.Surajit Lahiri FC. 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work – Psychiatry	FC 4.3, 4.4 Working in a health Care Team- Gynaec



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	8-9 AM Wednesday 13.4.22	10AM - 1PM Friday 15.4.22	11- 1PM Saturday 16.4.22
WK 9	FC 5.3 Demonstrate ability to communicate and learn in English Dr. Monika Pal	HOLIDAY	
	8-9 AM Wednesday 20.4.22	10AM - 1PM Friday 22.4.22	11- 1PM Saturday 23.4.22
WK 10	FC4.5 Disability Competencies Biochemistry /F.Medicine	FC 4.3, 4.4 Working in a health Care Team Gynaecology	FC 6A Sports
	8-9 AM Wednesday 27.4.22	10AM - 1PM Friday 29.4.22	11- 1PM Saturday 30.4.22
WK 11	FC 6B YOGA	F.C 4.5Disability Competencies under the Five Roles of the Indian Medical Graduate Biochemistry/Forensic Medicine	FC 5.3 Demonstrate ability to communicate and learn in English Dr. Monika Pal
	8-9 AM Wednesday 04.5.22	10AM - 1PM Friday 6.5.22	11- 1PM Saturday 07.5.22
WK 12	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with different cultural values. Anatomy	F.C 4.5Disability Competencies under the Five Roles of the Indian Medical Graduate Biochemistry/Forensic Medicine	FC 6A Sports

	8-9 AM Wednesday 11.5.22	10AM - 11PM Friday 13.5.22	11- 1PM Saturday 14.5.22
WK 13	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values. Anatomy	FC 4.7 Discuss the significance and methods of stress management and risk taking behaviour. FC 4.8 Understand the role of yoga and meditation in personal health Psychiatry	FC 5.2 Local Language training -Bengali Dr.Sudipa Biswas
	8-9 AM Wednesday 18.5.22	10AM - 1PM Friday 20.5.22	11- 1PM Saturday 21.5.22
WK 14	FC 5.2 Demonstrate use of local language in patient and peer interactions - Hindi Dr.Shyamal Modi	FC 4.9 Discuss the significance and appropriate ways of time management Pharmacology	FC 5.2 Local Language training –Bengali Dr.Sudipa Biswas
WK 15	<i>May 23rd -28th 2022</i> First Internal Assessment		
	8-9 AM Wednesday 01.6.22	10AM - 1PM Friday 03.6.22	11- 1PM Saturday 04.6.22
WK 16	FC 6B YOGA	FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team. Psychiatry	FC 6A Sports



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	8-9 AM Wednesday 08.6.22	10AM - 1PM Friday 10.6.22	11- 1PM Saturday 11.6.22
Wk 17	FC 4.12, 4.13 - pedagogy MEU Dr. Subhabrata Sengupta	FC 4.11 Understand the role of mentoring Physiology	FC 5.2 Local Language training -Bengali Dr.Sudipa Biswas
	8-9 AM Wednesday 15.6.22	10AM - 1PM Friday 17.6.22	11- 1PM Saturday 18.6.22
Wk 18	FC 4.15 Collaborative learning MEU Dr.Joya Ghosh	FC 4.12, 4.13 Learning – group dynamics, group learning , pedagogy - MEU Dr.Subhabrata Sengupta	FC 5.2 Local Language training -Hindi Dr.Shyamal Modi
	8-9 AM Wednesday 22.6.22	10AM - 1PM Friday 24.6.22	11- 1PM Saturday 25.6.22
Wk 19	FC 5.3 Demonstrate ability to communicate and learn in English - Dr. Monika Pal	FC 4.14 Demonstrate different methods of self - directed learning -MEU Dr.Sonia Gon	FC 6A Sports
	8-9 AM Wednesday 29.6.22	10AM - 1PM Friday 01.7.22	11- 1PM Saturday 02.7.22
Wk 20	FC 5.3 Demonstrate ability to communicate and learn in English -Dr. Monika Pal	HOLIDAY	FC 5.2 Local Language training -Hindi Dr.Shyamal Modi
	8-9 AM Wednesday 06.7.22	10AM - 1PM Friday 08 .7.22	11- 1PM Saturday 09.7.22
Wk 21	FC 5.2 Local Language training -Hindi Dr.Shyamal Modi	FC 4.15 Collaborative learning MEU Dr.Joya Ghosh	FC 6A Sports
	8-9 AM Wednesday 13.7.22	10AM - 1PM Friday 15.7.22	11- 1PM Saturday 16.7.22
Wk 22	FC 5.4 Demonstrate basic computer skills IT	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond CM	FC 5.4 Demonstrate basic computer skills IT
	8-9 AM Wednesday 20.7.22	10AM - 1PM Friday 22.7.22	11- 1PM Saturday 23.7.22
Wk 23	FC 5.5 accessing online resources Library incharge	FC 5.3 Demonstrate ability to communicate and learn in English - Dr. Monika Pal FC	FC 5.5 Demonstrate ability for accessing online resources Library incharge
	8-9 AM Wednesday 27.7.22	10AM - 1PM Friday 29.7.22	11- 1PM Saturday 30.7.22
Wk 24	FC 6B Yoga	FC 5.3 Demonstrate ability to communicate and learn in English - Dr. Monika Pal	FC 2.1 BLS Anaesthesia



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	8-9 AM Wednesday 03.8.22	10AM - 1PM Friday 05.8.22	11- 1PM Saturday 06.8.22
WK 25	FC 6B YOGA	FC 5.4 Demonstrate basic computer skills IT department	FC 2.1 BLS Anaesthesia
WK 26	8-9 AM Wednesday 10.8.22	10AM - 1PM Friday 12.8.22	11- 1PM Saturday 13.8.22
	FC 2.1 Basic Life Support Anaesthesia	FC 5.5 Demonstrate ability for accessing online resources Library incharge	FC 2.1 Basic Life Support Anaesthesia
WK 27	8-9 AM Wednesday 17.8.22	10AM - 1PM Friday 19.8.22	11- 1PM Saturday 20.8.22
	FC 2.1 Basic Life Support Anaesthesia	HOLIDAY	FC 2.1 Basic Life Support Anaesthesia